

EDITOR'S SPOT



GREAT TO MEET YOU!

By Judith Riddle

Hello everyone!

It's my pleasure to meet you as the new editor of *Today's Dietitian*. I've been an editor for several years, covering various health, medical, nutrition, and fitness topics for magazines and books. Now I'll be covering similar topics that are critically important to you, the nutrition professional.

I exchanged business cards and shook the hands of many of you in Las Vegas last month at the American Association of Diabetes Educators 38th Annual Meeting, where I learned much about the role nutrition professionals play in the treatment and management of diabetes patients. I look forward to greeting you at the American Dietetic Association Food & Nutrition Conference & Expo (FNCE) at the San Diego Convention Center. *Today's Dietitian* will be at Booth #1428, so please stop by and say hello. I'd like to hear your feedback on what you like and dislike about the magazine and why, along with what types of issues and important topics you'd like us to address in the future.

This month is our first of two FNCE issues. And it's brimming with articles sure to pique your interest. Our cover story, "San Diego's Local Flavor," is guaranteed to whet your appetite.

It provides a comprehensive dining guide, featuring the best eateries San Diego has to offer. Have a taste for farm-to-table cuisine? Craft beer? Fresh seafood? Fine dining? Mexican? Ethiopian? Indian? Lebanese? San Diego has it all. So make sure you visit some of the restaurants listed in the guide. You won't be disappointed.

Another feature article, "Rise and Dine!" trumpets the benefits of eating breakfast and provides strategies to help clients fit this all-important meal into their busy lives.

Our Q & A feature showcases five experts at the forefront of the dietetics field who weigh in on key issues in school nutrition and offer tips on how to help children follow a path of healthful eating.

In our Dynamics of Diabetes department, the article "Do Artificial Sweeteners Help You Lose Weight?" examines the relationship between nonnutritive sweeteners and weight loss.

Enjoy the issue and your stay in San Diego. Bon appétit!

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Clearing the Record

In the article "Stepping up to the Plate" in our July issue, we mistakenly said the MyPyramid icon was introduced in 1995. The original food pyramid was introduced in 1992, and it was updated in 2005. We regret this error.

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