



## WHAT'S IN A NAME?

By Judith Riddle

Happy New Year everyone!

A new year often ushers in great changes and the promise of new beginnings. This is definitely the case for the American Dietetic Association (ADA) and the Dietary Managers Association (DMA), which are both kicking off 2012 with new names that will better reflect the scope of the organizations and their members' education and training.

Starting this month, the ADA becomes the Academy of Nutrition and Dietetics (the Academy), and the DMA becomes the Association of Nutrition & Foodservice Professionals (ANFP). A great deal of thought went into these name changes, and plenty of speculation and controversy surrounds the reasons behind them and how great an impact they'll make on the dietetics community. The DMA changed its name because many of its members work in nutrition services and foodservice; the ADA added the word "nutrition" and kept the word "dietetics" to define the science and practice of dietetics and update its name. To read the juicy details about the controversy behind the name changes and how they may impact the dietetics community, turn to "Is the World of Dietetics Getting a Facelift?" on page 34.

In our cover story "Omega-3 Fatty Acids and Mood Disorders," on page 22, *Today's Dietitian* spoke with experts about the latest evidence on the impact omega-3-rich foods and supplements have on relieving mild to major depression symptoms in people suffering from bipolar and menopausal depression to schizophrenia.

From January 21 to 24, the American Society for Parenteral and Enteral Nutrition (ASPEN) marks Clinical Nutrition Week 2012 in Orlando, its 35<sup>th</sup> annual conference, where almost 2,000 clinical nutrition and metabolism professionals will convene to learn about the latest research and best practices in the field. In our feature story "Nutrition Support for Esophageal Cancer Patients," on page 28, enteral nutrition experts discuss the challenges RDs face in providing optimal nutrition support to this special patient population and provide strategies for managing complications and improving patient care.

On a lighter note, *Today's Dietitian* has introduced a new monthly column called "Ask the Expert," in which Toby Amidor, MS, RD, CDN, a nutrition expert and advisor, will answer your important questions about nutrition trends, patient care, and other dietetics issues. So send her your questions. We may feature your query.

Please enjoy the issue!

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